

KRUEGER FAMILY CHIROPRACTIC

Informed Consent to Chiropractic Treatment

When you take a drug or medication there is a risk of dangerous side effect. When any medical test or procedure is performed certain risk is involved. When you walk down the stairs, drive in a car, or play sports, there is always a risk. On that note, chiropractic adjustments, which are extremely safe and effective (a typical chiropractor's malpractice insurance costs less than car insurance), pose a small degree of risk in certain situations. The most common side effects seen in a small percentage of people are post adjustment muscle soreness. This is comparable to post exercise soreness. This typically subsides quickly. If you do experience any post adjustment sensations, please tell the doctor on your next visit. If you have any questions concerning the safety of chiropractic in certain situations, please explain this to the doctor. The doctors will do their utmost to care for you in the safest and most effective manner, just as they would their own family.

Doctors of chiropractic who use manual techniques are required to advise patients that there are or may be some risks associated with such treatment. In particular you should note:

- A) While rare, some patients may experience short term aggravation of symptoms, rib fractures, or muscle and ligament strains or sprains as a result of manual therapy techniques;
- B) There are reported cases of stroke associated with many common neck movements including adjustment of the upper cervical spine. Present medical and scientific evidence does not establish a definite cause and effect relationship between upper cervical spine adjustment and the occurrence of stroke. Furthermore, the apparent association is noted very infrequently. However, you are being warned of this possible association because stroke sometimes causes serious neurological impairment, and may on rare occasion result in injuries including paralysis. The possibility of such injuries resulting from upper cervical adjustment is extremely remote;
- C) There are rare reported cases of disc injuries following cervical and lumbar spinal adjustment although no scientific study has ever demonstrated such injuries are caused, or may be caused, by spinal adjustments or chiropractic treatment.

Chiropractic treatment, including spinal adjustment, has been the subject of government reports and multi-disciplinary studies conducted over many years and has been demonstrated to be effective treatment for many neck and back conditions involving pain, numbness, muscle spasm, loss of mobility, headaches and similar symptoms. Chiropractic care contributes to your overall well being. The risk of injuries or complications from chiropractic treatment is substantially lower than that associated with many medical or other treatments, medications, and procedures given for the same symptoms.

I acknowledge I have discussed, or have had the opportunity to discuss, with my chiropractor the nature and purpose of treatment in general and my treatment in particular (including spinal adjustment) as well as the contents of this Consent.

I consent to the chiropractic treatments offered and recommended to me by my chiropractor, including spinal adjustment. I intend this consent and apply to all my present and future chiropractic care.

Patient Signature (or Legal Guardian)

Printed Name of Patient

Date of Signing

Name of Legal Guardian